



South of Scotland O-League 1 and  
East of Scotland Individual Championships  
Hopetoun House Sunday 11 October 2015

NT 090 790      EH30 9SL      OS 1:50,000 Sheet 65

### FINAL DETAILS

**Travel:** Hopetoun House is well signposted off the A904 through the road works for the new Forth Crossing, about a mile west of the Echline Junction at the southern end of the Forth Road Bridge (A90).

**Parking and Assembly:** at Hopetoun House at the above location. Parking will be in front of the main house.

**Registration: 10.00 – 12.00**

In the Education Room at the north side of Hopetoun House .

Pre-entries closed on 4<sup>th</sup> October on Fabian4. EOD is subject to map availability, at the following rates:

Senior (BOF Member):	£10.00
Senior (Non-BOF Member):	£12.00
Senior (W, Y, O & LG Courses):	£5.00
Junior/student:	£5.00

Free SI card hire, if required, but there will be a £30.00 charge if it is lost.

**Toilets:** In the adjacent Stables. (No café unfortunately, since the house and grounds are closed to the public).

**First Aid:** Provided by qualified club members, based in the Education Centre.  
Nearest hospital with A & E: St Johns, Livingston.

**String course:** To the south of the main house. A few runners may cross the String on other courses, so a little care is needed here.

**Start Times: 10.30 – 12.30** It is a punching Start, but please arrive at your allocated Start Time if possible, or there might be a wait for a free slot on your course. Call-up is at -4 minutes.

**The Start:** is at the “back” (west side) of Hopetoun House and **must only be reached by going round the north side of the house, not the south side.**

**The Finish:** is near the north side of the house. **Courses Close: 14.30**

All Competitors take part at their own risk and are responsible for their own safety.

Course Lengths (km)		Negligible climb on all	
White	2.1	Short Green	4.0
Yellow	2.4	Green	5.2
Orange	3.7	Blue	7.5
Light Green	3.8	Brown	9.7

Distances on senior courses will be longer than stated as there will be a choice of crossing points.

**Map:** 1:7,500 for all courses.

A4 size maps. Printed on waterproof paper.

Brown Course will be printed on both sides of the paper.

Loose control descriptions in the Start boxes.

White and Yellow: collect your maps from Registration.

#### **Terrain:**

Lovely open parkland and wooded areas. Sheep and deer will be present in the park but should not pose any problems.

In the Deer Park please note that power lines are not mapped. There are several large horse jumps that are NOT marked on the map. Large individual trees marked as white on the map; small fenced trees marked as small green dot. The control description for both these features will be the same – distinctive tree.

The House grounds are separated from the Deer Park by a boundary wall which **MUST NOT BE CROSSED**. This is overprinted with a purple line on the map. Crossing points (gates) are marked on the map and must be used. Senior courses will have a choice of crossing point – the line therefore does not pass through a crossing point but is broken at appropriate places. Some of the gates will be manned.

The House grounds have an unusual feature – the ha-ha; a wall with a steep drop on one side. These are marked on the map as a retaining wall and overprinted in red. You **MUST NOT CROSS** or jump down from these.

Please respect the OOB areas, which in many cases are private houses.

#### **East of Scotland Individual Championships**

**Prizegiving 14.00** (or thereabouts)

To be eligible for a Trophy, competitors must be a member of an ESOA Club: ELO, ESOC, EUOC, INT, KFO, RR, TAY. and run the Colour-Coded course according to the chart which will be displayed at the event and can be found on the ESOC and ESOA websites.

Juniors (M/W20-) running up will be eligible to win an older Age-class trophy.

Seniors (M/W21+) will only be eligible for their own Age-class within the appropriate Course.

All clubs please bring and display your banners on the grass in front of the house, as a rallying point for members and to add to the occasion, as the weather should be fine!

Planner: Katy Lessells ESOC

Controller: Jim Martin ESOC

Organisers: Janet Clark 0131 225 7771 [janetclr@aol.com](mailto:janetclr@aol.com)

Alison Cunningham

Grateful thanks to Hopetoun Estates and to the Senior Ranger Maree Morrison, for permission and help with this event.

Look at [www.hopetoun.co.uk](http://www.hopetoun.co.uk) for other events happening at Hopetoun: there's a Fun Run on 18<sup>th</sup> October, Fireworks on 7<sup>th</sup> November, and lots of other things.