



# Edinburgh Southern Orienteering Club

## Bulletin for schools, March 2017

For further information on any of these items, please contact [schoolenquiries@esoc.org.uk](mailto:schoolenquiries@esoc.org.uk)

### **Orienteering at P6 & 7**

700 Primary 6 & 7 pupils are expected at the annual Midlothian Schools Festival at Vogrie Country Park in early May. ESOC members will be helping with this. Without doubt, P6 & 7 is the stage at which orienteering is most appreciated by school pupils. Pupils quickly grasp the concepts at this age and can progress rapidly to the stage at which they can participate or compete at a local event. ESOC and other local clubs run regular events to which pupils can graduate. The East of Scotland Junior Orienteering Squad also takes beginners, and coaching fast-tracks them into attending events.

Go to <https://www.esoc.org.uk/events> for information on local events by ESOC and other clubs.

At P6 & 7 orienteering also maps onto the CfE Experiences and Outcomes in Health and Wellbeing, Numeracy and Mathematics and Social Studies.



### **Convenor's Challenge for high schools**

The Convenor's Challenge for City of Edinburgh secondary schools is coming around again on Friday 16<sup>th</sup> June, and orienteering will once again be one of the challenges. This is an exciting and challenging day for teams of four S5 pupils, accompanied by a staff member. The Challenge is designed to encourage teams of school pupils to develop strategies that enable them to complete a series of activity events across the city in a fixed time period.

Orienteering is also on offer at the City of Edinburgh's two residential outdoor centres – Benmore and Lagganlia

### **JASS it up!**

In May-June P6 pupils at East Craigs Primary School will be mastering orienteering as the Adventure component of the Junior Award Scheme for Schools, JASS (<http://www.jasschools.org.uk/what-jass>). ESOC is delighted to be helping with this.

After practice sessions on the basics of orienteering in the gym and on the school playing field, with some orienteering games thrown in, we will go across to Cammo Estate for the pupils to run a White course on the Cammo orienteering map. Finally, there will be a session in school to review what has been learnt and reflect on the experience.



### **Introducing Orienteering – a new course for teachers**

The Scottish Orienteering Association has launched an exciting new course for teachers who would like to introduce orienteering in their school. This course is called Introducing Orienteering and details are available at:

<http://www.scottish-orienteering.org/soa/page/introducing-orienteering-new-course-for-teachers>

The course is an active learning experience, with plenty of practical examples and suggestions for links to the experiences and outcomes of the CfE.

Roger Scrutton at [schoolenquiries@esoc.org.uk](mailto:schoolenquiries@esoc.org.uk) would be happy to arrange mentoring support for teachers who have taken this course and want to get started back in school.

### **Scottish Schools' Orienteering Association**



<https://www.ssoa.org.uk/index.html>

This group organises the Scottish Schools Orienteering Festival, planned for 2<sup>nd</sup> June this year, and selects pupils and school teams to represent Scotland at the World Schools' Orienteering Championships. If you are interested in participating, further information is at the web address above.

