



# Edinburgh Southern Orienteering Club

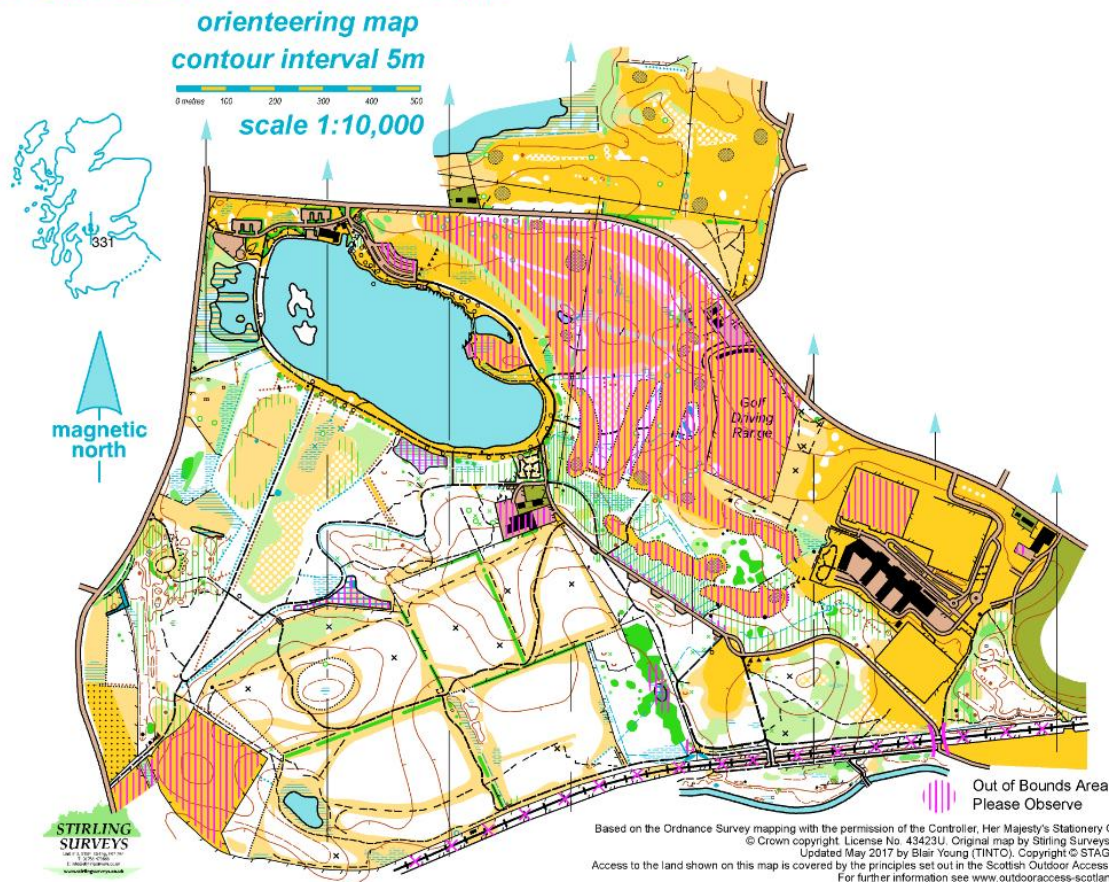
## Bulletin for schools, September 2017

For further information on any of these items, please contact [schoolenquiries@esoc.org.uk](mailto:schoolenquiries@esoc.org.uk)

### Midlothian schools Develop and Achieve 2017

Building on their Discover Orienteering programme, held in November and March during the school year, Midlothian Outdoor Learning established a Develop and Achieve squad of about 20 P6 and P7 pupils to receive more advanced coaching at an after-school session on Friday afternoons in April-May. The squad was then able to participate in the Scottish Schools Orienteering Festival at Drumpellier Country Park in early June, along with over 300 other primary and secondary pupils from across Scotland. This was the first time that a Midlothian squad had participated in this Festival. The aim is to make this opportunity available every year. ESOC is pleased to be able to help with this.

### DRUMPELLIER COUNTRY PARK



## **JASS it up!**

In May-June P6 pupils at East Craigs Primary School mastered orienteering as the Adventure component of the Junior Award Scheme for Schools, JASS

(<http://www.jassschools.org.uk/what-jass>). ESOC is delighted to be helping with this.

After practice sessions on the basics of orienteering in the gym and on the school playing field, with some orienteering games thrown in, pupils walked across to Cammo Estate to run a White course on the Cammo orienteering map. Finally, there was a session in school to review what has been learnt and reflect on the experience.



We look forward to one or two more schools taking up orienteering within the JASS programme in 2017-2018.

## **Introducing Orienteering – a new course for teachers**

The Scottish Orienteering Association has launched an exciting new course for teachers who would like to introduce orienteering in their school. This course is called Introducing Orienteering and details are available at:

<http://www.scottish-orienteering.org/soa/page/introducing-orienteering-new-course-for-teachers>

The course is an interactive learning experience, with plenty of practical examples and suggestions for links to the experiences and outcomes of the CfE.

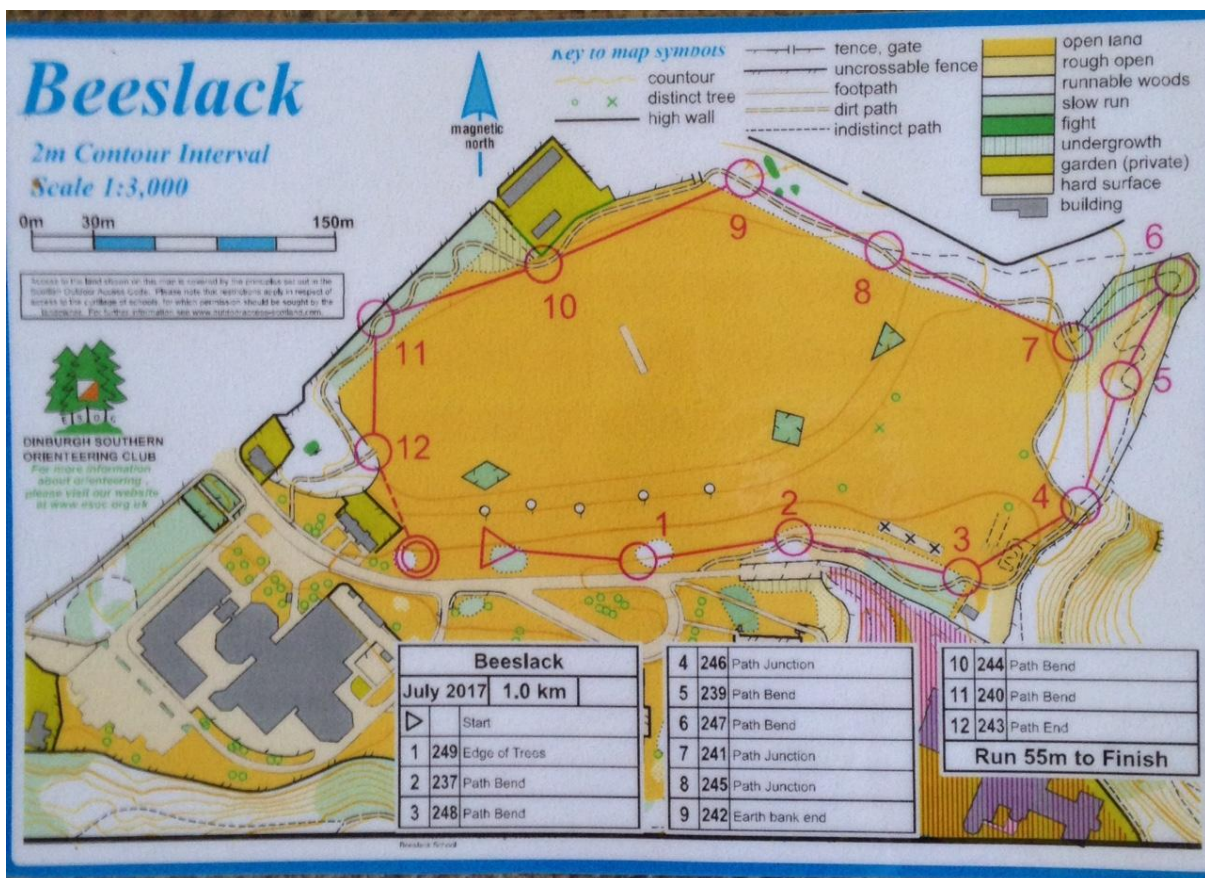
Roger Scrutton at [schoolenquiries@esoc.org.uk](mailto:schoolenquiries@esoc.org.uk) would be happy to arrange mentoring support for teachers who have taken this course and want to get started back in school.

## **Beeslack Buzz Club**

2 ESOC members put on 'Introduction to Orienteering' sessions for kids attending Beeslack Buzz Club. This was held at Beeslack High School in Penicuik. The Buzz Club is a Community Education Summer Club which provides a range of fun things to do for primary school children in the holidays. Plenty of newbies had fun in the sun trying out orienteering on 2 separate days in July 2017. Older children/teenagers who were helping at the Buzz Club were there to accompany the younger children and these guys were also introduced to orienteering while shadowing the younger ones.

Many of the kids who took part were so keen they kept coming back for more and just kept on running and having orienteering fun. They swapped partners, they ran with different older helpers, they ran alone once they had got the hang of it. This all meant it was difficult to firmly say how many individuals took part but about 80 different kids of different ages were introduced to orienteering over the 2 sessions.

The course (shown below) was straightforward but that didn't matter to these enthusiastic kids.



## ESOC Juniors take over

Our club had an orienteering event with a difference a few weeks ago when our junior members, all school pupils in Edinburgh and the Lothians, P3 to S4, took on the organisation of an event at Covenanters' Wood in our Local Series. A happy, smiling band of junior volunteers managed registration, entries, map sales, start, finish and they helped with computing. We even had a junior course planner. A great learning experience.



Top left: Finish, with the course planner waiting to hear participants' comments.

Top right: Start, with a few words of encouragement.

Bottom left: Registration and entry.

Bottom Right: Map sales.