



Craig a Barns

2021 Scottish Orienteering Championships - Sunday 13th June 2021 Incorporating Scottish O League (SOL)

Final Details

NOTE: In order to keep the number of volunteers and the number of signs to a minimum for Covid reasons we have included detailed instructions and maps here in the final details. It is therefore even more important than usual that you read these and take note of the instructions and maps. Many thanks for doing this.

COVID Information and Guidelines

Please do not come to the event if you or any of your household are feeling unwell (particularly with the Covid-19 symptoms of fever, new cough, loss of taste/smell), you are self-isolating or in quarantine, have been contacted by Test and Protect (or Track and Trace) or are waiting on the results of a test. Be especially aware of any local lockdowns put in place at short notice.

It is your responsibility to abide by all the Scottish Government COVID guidelines prevailing at the time. Information for the extent of each Scottish local government area is available at [Coronavirus \(COVID-19\): local protection levels](#) including a post code checker (event postcode is PH9 ONU).

Please follow the travel guidance outlined by the Scottish Government. Further information on what travel is permitted is available at [Coronavirus \(COVID-19\): guidance on travel and transport](#). Specific information on car sharing is available from [Transport Scotland: advice on how to travel safely](#).

Please ensure that any juniors in your household understand all the protocols listed here.

All entrants must read the British Orienteering 'Participant Code of Conduct' [here](#) and please also ensure that juniors in your care are aware of the contents of this code.

Please do

- Be considerate to all other competitors. Be patient, courteous and respectful of others at all times. Do anything that a club volunteer asks you to do – their request may be necessary to comply with rules put in place to enable the event to happen.
- Take every care not to touch the SI boxes, slowing down if necessary, to punch carefully. If using an SIAC dibber you must still punch the Start and Finish.
- Wait your turn if someone is at a control and move quickly away from the control after you have punched and give way to members of the public on narrow paths and at gates or stiles (the area is used by walkers and mountain bikers).
- Always maintain 2m social distancing (even on the course) but especially near Download and in the car park field. Avoid the temptation to gather with any other orienteers you encounter (ie more than is allowed under the prevailing guidance).
- If you are overtaking another runner, or indeed a member of the public, please be courteous and indicate in advance what you intend to do by saying early enough and loud enough to be heard that you are overtaking on their right-hand side.
- Use the hand sanitiser provided at the Toilets, Start and Download and carry your own if possible. Masks will not be compulsory but feel free to carry/wear one in busy areas such as the toilet queue and start lanes.
- The event Covid Officer (and Test & Protect contact) is Jayne MacGregor (ESOC). Should you need to contact NHS Test & Protect (or Track & Trace in England) after the event, please give them these contact details covidofficer@esoc.org.uk if they need more information about the event.

Further information is available at [Scottish Government: Test & Protect](#).

Location and travel

Parking will be in a field at Rotmell Farm, 3 miles north of Dunkeld, Perthshire

Postcode: PH9 ONU

Grid Ref: NO 004470

What 3 Words: officials.yards.expiring

All cars should approach the event by leaving the A9 at Dunkeld, turning north onto the A923. Proceed northwards through Dunkeld, do not turn right onto the A923 signposted Blairgowrie but continue on the unclassified road north. Approximately 3 miles from Dunkeld turn right into a narrow road signed Rotmell Farm (there will be O signs at this junction) and follow this road uphill for 350m.

NB For those travelling up from the south, there are currently ~6 miles of roadworks on the A9 north of Perth (dualling works) with a mandatory 40mph speed limit and average speed cameras, please factor this into your estimates of journey time.

Parking

At the top of the farm road (which is steep, narrow and winding) most cars, minibuses and small campervans should turn right and follow the track through the farm buildings, and then uphill for 300m to the gate at the top of the parking field, following signage and marshals' instructions. Larger motorhomes should turn left at the top of the tarmac road (negotiating a hairpin bend) and follow signs to the bottom gate of the parking field and park following marshals' instructions.

All vehicles exit from the bottom of the parking field, negotiating a hairpin bend to reach the farm road, then downhill to the public road. If you wish to travel South, you can turn right onto the public road and join the A9 after a few hundred metres. To travel North you are encouraged to return to Dunkeld to access a much safer right turn.

Large Vehicles

There is no separate parking for motor homes, mini-buses and larger vehicles. They must all be in the same parking field as cars. Partly this is due to biosecurity issues. We can therefore only accommodate only a limited number of motor homes and larger vehicles. As a rough guide, if your vehicle normally fits into a supermarket parking space without significant overlap of the lines there shouldn't be a problem in the main parking area amongst the cars.

If you have no other option but to bring your motor home, mini-bus or large vehicle you MUST email the Organiser (margaret@esoc.org.uk) before Friday 11th June, if you haven't already done so, to check if we can accommodate your vehicle.

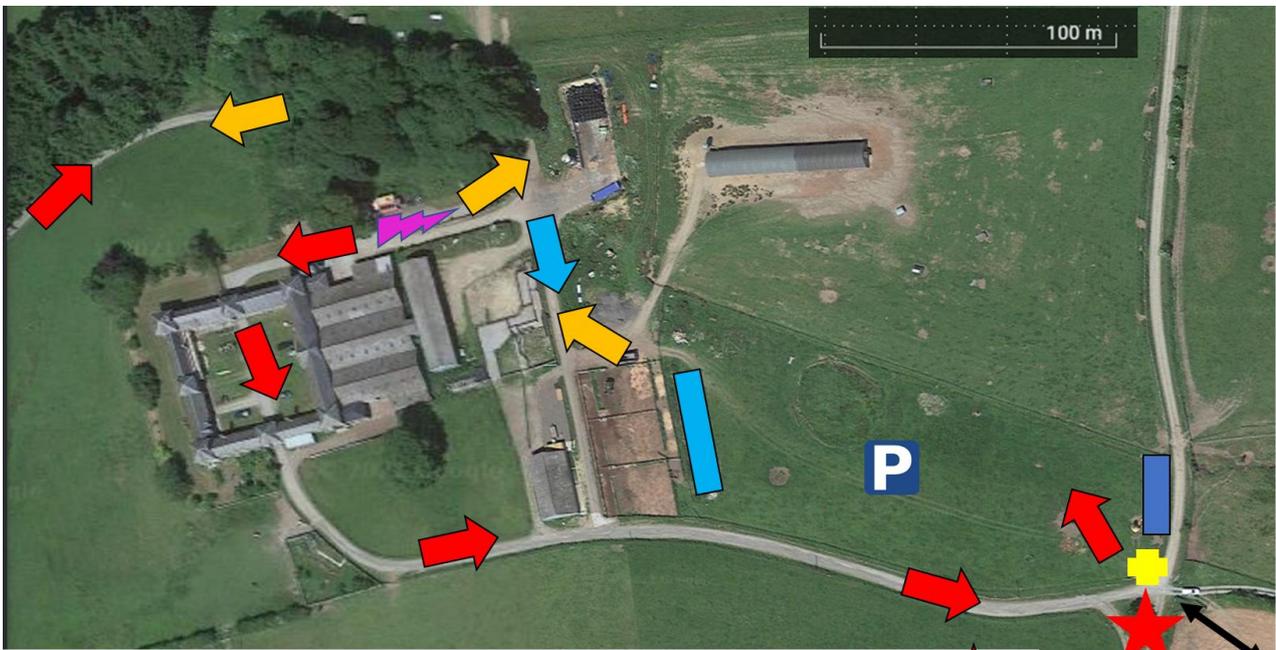
Arrival/departure times

There will be a one-way system due to the narrow road in and out of Rotmell Farm. **Please do not arrive before 9.30am and no later than 12:30pm, and there will be no exit from the Parking field before 12:45pm**

Biosecurity and Hygiene

The farmer is very concerned about transfer of bacteria which causes a disease in cattle. Please make sure you have **thoroughly cleaned your Orienteering footwear before you leave home** and note that you will still be required to walk through a footbath of disinfectant (trade name [Virkon](#)) on leaving the car park to go the Start. **Everyone leaving the car park on foot MUST go through the foot bath.** You must remain in the car parking field unless on route to the start or back from the finish/download. There will be no exit on foot through the vehicle exit gate at the bottom of the field.

There will have been livestock in the parking field and out in the terrain, so please ensure everyone in your party is scrupulous about hand hygiene especially when eating and please ensure you take all your belongings (including rubbish) home.



- Cars in (09:30-12:30)
- Cars out (12:45-17:00)
- Large Motorhomes in/out (09:30-12:30)
- Hairpin bend
- Toilets
- Download in vehicle
- Footbath
- Route to Start/back from Finish

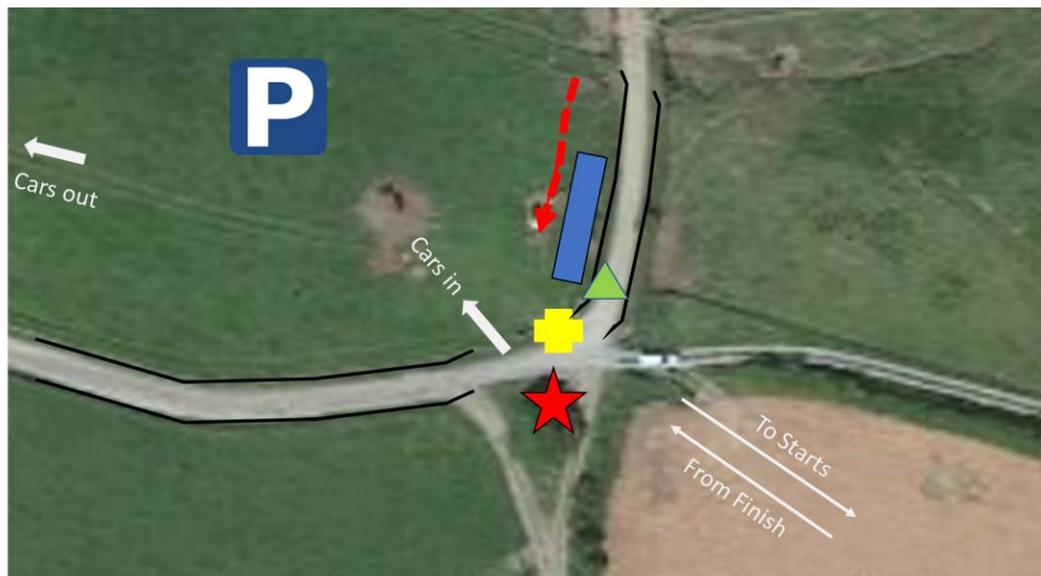
Toilets

There will be 5 toilet cubicles at the top of the parking field, please follow the signs for the queue (ideally left to right), maintaining social distancing at all times. Please use the sanitiser provided outside the cubicles before and after use.

One of the cubicles will be designated for use by officials, please give them priority access to this cubicle.

If you prefer, there are Public Toilets in both Birnam and Dunkeld (at the north end of the main street is a large car park) which should be open – check the status of the toilets at the Perth and Kinross council website

<https://www.pkc.gov.uk/publictoilets>



- Download
- Exit to Starts via Footbath
- Toilets
- Queue
- White/Yellow map collection

Dogs

By very special permission of the farmer, dogs are allowed in the parking field ONLY and must remain in the parking field a lead at all times. The farmer has also stipulated that dog owners MUST pick up, bag and take away any dog mess. This is a very strict condition of being allowed to use the farmer's land for parking and competition. Please leave your dog at home if you can do so.

Spectators

Following specific SOA guidance we are sorry, but we cannot allow spectators at this event (this does not apply to parents/carers shadowing juniors on a course).

Bag/Key drop

There will be no bag or key drop facilities. Please be prepared to carry your keys and any other essentials with you on your course.

Water

There will no drinking water available at the event so please ensure you bring enough with you and take away all bottles etc. Please try to avoid taking disposable bottles to the Start.

Dress

Please check the weather forecast and dress appropriately, the open, exposed areas can be very windy and cold. Studded shoes are strongly recommended if you have them.

Entries and Start Times

Entry was by online pre-registration only and entries are now closed. Start times are between 11:00 and 13:30 and will be available on [SI Entries](#) and on a link from the event website <https://www.esoc.org.uk/events/craig-a-barns-jun-13-2021>. There will be no EOD or changes to Start times on the day, if there are any issues/queries prior to the event, please contact entries@esoc.org.uk. M21E/W21E competitors will have been seeded.

Timing

Sportident (SI) electronic timing, with SI Air (SIAC) enabled, will be used. Please note however that everyone must punch both the Start and Finish SI Units even if using SI Air when out on the courses.

SI/SIAC dibbers which have been hired via the online entry system can be collected at the appropriate Start, they will be in an envelope with your name on the front.

Map

The map is basically the one used at the 2019 6-Days event drawn in 2018 by Stirling Surveys.

Courses Black and Brown will use a 1:10000 scale and all remaining courses will use a 1:7500 scale. Courses Black to Short Blue will have an A3 map and all remaining courses will have an A4 map.

White and Yellow maps should be collected from a table close to the fence after passing though the footbath (from the parking field) on the way to Starts. Please move away promptly after collecting a map, there will be plenty of time on the walk up the hill to review.

Terrain

Craig a Barns is a technically and physically challenging area. Climb is measured along the straight line and is typically a bit more than the 5%-of-distance guideline, although optimal route choices will reduce this climb.

In the forest, shades of green and vertical green hatching on the map are a fair representation of visibility and runnability. However, underfoot it is quite rough, and watch out for low spikey branches. Open areas vary from very runnable to slower where there is low heather. There are mountain bike tracks of which the most prominent are mapped.

There are compulsory crossing points (CP's) over a fence-line on some courses: elsewhere the fence-line is forbidden to cross and is marked on the map with a red overprint. If the CP is obvious the line between controls is bent to go through the CP; if there is a choice of CP, the line between controls is simply broken where it crosses the fence. There

are also forestry re-stock areas that are forbidden to cross and these are marked with an out-of-bounds overprint. There is one exception to this where there is a permissible corridor across a re-stock area, which is clear on the map and the line between controls follows this.

The White course has a CP. White tape streamers will lead runners to the crossing point from the previous control and take them to the control following the crossing point. There is one other taped route between controls, which is used by White and Yellow.

Courses

Please make a note of your Course Name (colour) and Start colour before you leave the car!

Course	Start	Course Name	Map Scale	Age Classes				Length (km)	Climb (m)	No of Controls
				Junior		Adult				
				Male	Female	Male	Female			
1	Red	Black	1:10000			M21E		10	530	26
2	Red	Brown	1:10000	M18 M20		M21 M35 M40	W21E	8.4	480	23
3	Red	Short Brown	1:7500			M45 M50 M21S	W21	6.7	370	20
4	Red	Blue	1:7500	M16	W18 W20	M55 M60 M35S M40S	W35 W40	5.6	315	18
5	Red	Short Blue	1:7500	M18S M20S		M65 M45S M50S	W45 W50 W21S	4.6	260	16
6	Blue	Green	1:7500		W16	M70 M60S M55S	W55 W60 W35S W40S	3.9	225	14
7	Blue	Short Green	1:7500		W18S W20S	M75 M80 M70S M65S	W65 W70 W75 W80 W45S W50S W55S W60S	3.2	165	14
8	Blue	Light Green	1:7500	M14 M16B	W14 W16B			2.9	165	13
9	Blue	Orange	1:7500	M12 M14B	W12 W14B			2.6	135	12
10	Blue	Yellow	1:7500	M10 M12B	W10 W12B			2.1	70	11
11	Blue	White	1:7500	M10B	W10B			1.1	60	9

Control Descriptions

Control Descriptions are on the map and loose control descriptions will be available in the start boxes at each Start.

Starts

2 Starts will be used, both within 100m of each other

- Red Start - courses Black to Short Blue (courses 1-5)
- Blue Start - courses Green to White (courses 6-11)

The route to both starts is through a gate (with footpaths) at the SE corner of the parking field (next to the vehicle entrance gate) and starts with a 300m uphill walk through a grazing field to a gate into rough open terrain where the routes diverge. Follow the blue and red tapes to the diverge point then appropriate tape colour for a further 50-100m climb through the rough open which includes a stream crossing. Please keep close to the tapes on route through grazing fields.

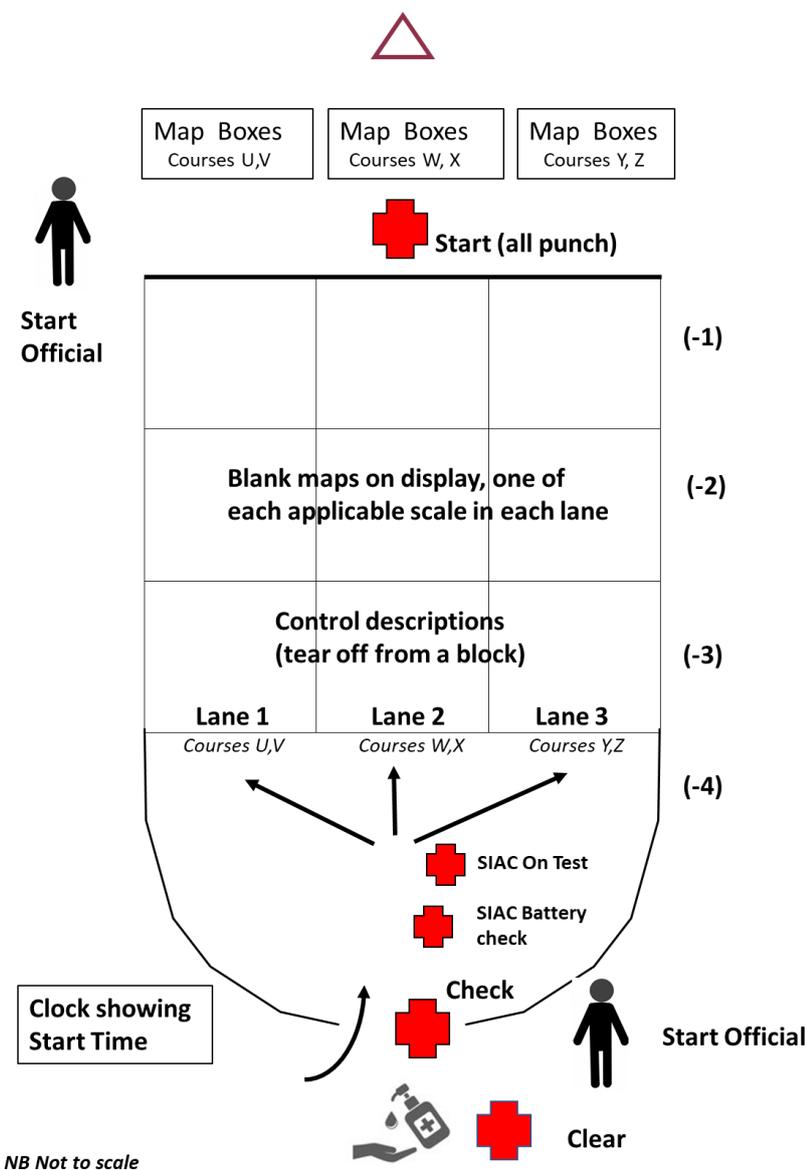
Start Procedure

ALL competitors must go through the same **START PROCEDURE** which is explained below.

At each start there will be a 4-box system (using 3 lanes allocated to one or more courses) and you enter the first box when the pre-start clock displays your Start time (this will be 4 minutes before your actual start time). There will be enough room to maintain social distancing; where lanes are shared between courses, there will only be one competitor per box/per lane.

It will be your responsibility to enter the start box system at the right time i.e. when your start time is displayed on the pre-start clock (this will be 4 minutes ahead of real time). There will be no announcing of the time or calling out for missing competitors but there will be a discreet name check.

Start Layout



MISSED YOUR START TIME? Please make every effort to be at the Start for your allocated time. If you are late please report to the start official, (but be prepared to wait until he/she is free). It may take some time to fit you in depending on the number of starters on each course, especially on the popular Blue course.

Finish

ALL competitors must punch the Finish SI unit; it will NOT be SIAC enabled. As soon as you have punched, please move away from the Finish units, staying at least 2 metres from others doing the same. Follow green tapes closely back to Download near the parking field, again keeping 2 metres apart. Please don't attempt to take short cuts or other routes even though they may seem fine.

Course Closing Time

Courses will close at **16.00 prompt** at which point controls will start to be brought in. **ALL competitors must be back at the Finish by 16.00** even if you have been unable to complete your course.

Download

You must go to Download even if you do not complete the course. We intend to have live results available via SI Entries and a link will be posted on the ESOC website prior to the event. You will be given your time and probably splits (TBC). Once you have downloaded, please return to your vehicle and once all your group have all returned, please leave the event. The parking field must be cleared by 17:00 at the very latest (gates will be locked).

Ticks

Ticks are present in the area (who may carry Lyme Disease) and you should check yourself, and remove any you find, as soon as possible.

More information can be found here, including the best method of removal

<https://www.hps.scot.nhs.uk/web-resources-container/ticks-and-lyme-disease-in-scotland/>

Prizegiving

There will be no prize giving on the day. Once the results have been confirmed and published, overall winners of senior age classes and the first 3 in junior age classes will receive a certificate in the post (probably a couple of weeks after the event). Trophies and medals will be held by the SOA until there is a more suitable time for them to be presented.

Please see the eligibility criteria for becoming a Scottish Champion on the event website

<https://www.esoc.org.uk/events/craig-a-barns-jun-13-2021>.

Medical Conditions (not Covid)

You have the option of downloading and completing this [Medical Form](#). It could be lifesaving if the organisers are aware of any existing medical conditions in the event of an incident at the event. You can leave the completed form with the start official in a sealed envelope that will only be opened if required and destroyed after the event.

First Aid

EFAR Scotland will be providing First Aid and will be located in the Parking Field.

The nearest A&E department is in Perth, 14 miles south of Dunkeld.

PERTH ROYAL INFIRMARY

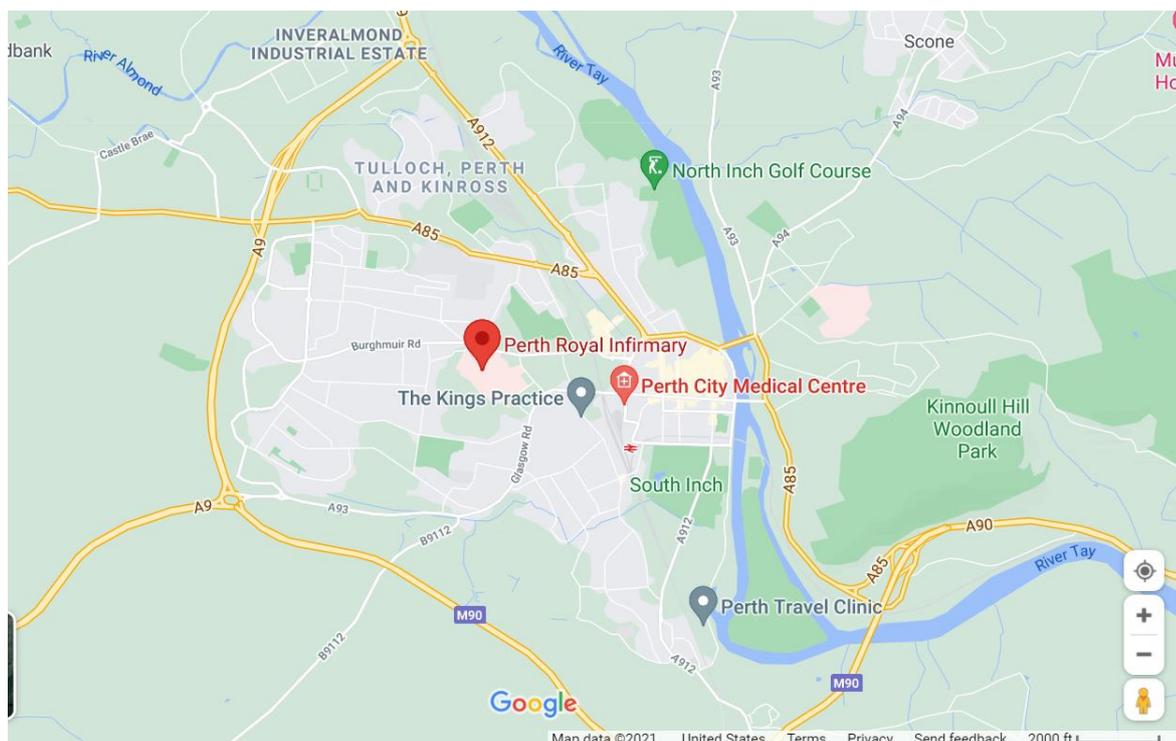
Taymount Terrace

Perth

PH1 1NX

01382 660111 (Main Switchboard)

01738 473734 (Admissions and Enquiries Desk)



Safety and Risk

A comprehensive risk assessment has been carried out, as has a Covid-specific risk assessment, but participants take part at their own risk and are responsible for their own safety getting to and during the event. By entering the event you are accepting this condition.

- Parents/guardians should explain all safety aspects to all children and vulnerable persons in their care. If you are in any doubt about their ability to stay safe only allow them to participate with a carer.
- Public Liability Insurance: As a member of an orienteering club in the UK you are covered by our public liability insurance. This event is only open to orienteering club members.
- Safety Bearing: If completely lost you should head West and then North to intersect major NS tracks.

Privacy: when entering our events your name may appear in the results section of this website or in newspaper reports. Read our [privacy policy](#) to see how we look after your personal data.

Acknowledgements

Mr Alex Brewster, Rotmell Farm
Julia Duncan, Atholl Estates
Clive Masson

Contacts / Officials

Planner: Roger Scrutton (ESOC)

Controller: Sarah Dunn (MAROC)

Organisers/Covid Officers: Margaret Dalgleish (ESOC) and Jayne MacGregor (ESOC)

Enquiries: margaret@esoc.org.uk

Entries (only): entries@esoc.org.uk